

2021 STCS SUMMER CAMP CATALOG

Questions? Please reach out to:
Mr. Brandon Trencher at btrencher@stcschools.com

High School Football Summer Sessions

Coaches: Head Coach Harry Taylor and Coaching Staff

Cost: \$ 100

San Tan's Summer Football Camp we will focus on strength, conditioning, speed, agility, quickness, position specific drills, attention to detail, accountability, respect, leadership, team building, as well as teaching football IQ to optimize players' potential going into their football season. This will be a high intensity camp with high expectations. We will also work on building team chemistry on the field, in the weight room, and in the classroom. Players will also be introduced to exclusive schemes, plays and techniques from a highly-touted coaching staff. Practice will begin in the weight room or a classroom from 3:45- 5:00PM. At 6:00 PM the team will move to the field for physical conditioning drills.

Please bring cleats for outside, sneakers for inside, light colored shirt, and water bottle.

Our football coaching staff is working to arrange a football camp experience that would have the team traveling to an offsite location up to Northern Arizona for 4 days. The details are TBD and the cost would be an additional cost.

Grades: Incoming 9th - 12th grade

Dates: Monday, Wednesday-Friday May 24th -June 26th

Times: 3:45 PM to 7:30 PM

Location: STCS Power Field and Weight Room

File - 3:45pm-4:45pm

Weights - 4:50pm-5:45pm

Field Practice - 6pm -7:30pm

Flagging League (3 games)

Grades: 7th-12th

Dates: Tuesdays and Saturdays

Time: 6pm

Location: Skyline High School

Junior High Flag Football Camp

Coaches: Football Coaching Staff

Cost: \$50

San Tan Flag Football camp will focus on speed, agility and hand-eye coordination. Learning the art of body control in and out of running routes. Athletes will have light forms of strength training. Quarterbacks will learn the proper throwing technique with ball placement for the releasing of the pass. Please bring running shoes for inside the weight room, if Athlete has skater please bring to Coaches.

Please bring football cleats, shorts, light colored T-shirt, and water.

Grades: Incoming 5th - 8th grad

Dates: Wednesday & Thursday, May 24th - June 26th

Times: 4:30 PM to 7:30 PM

Location: STCS Power Field and Weight Room