# **2021 STCS SUMMER CAMP CATALOG**

Questions? Please reach out to: Mr. Brandon Tauscher at <u>btauscher@santancs.com</u>

## **High School Football Summer Sessions**

Coach: Head Coach Kerry Taylor and Coaching Staff Cost: \$ 100

San Tan's Summer Football Camp we will focus on strength, conditioning, speed, agility, quickness, position specific drills, attention to detail, accountability, respect, leadership, team building, as well as teaching football IQ to optimize players' potential going into their football season. This will be a high intensity camp with high expectations. We will also work on building team chemistry on the field, in the weight room, and in the classroom. Players will also be introduced to exclusive schemes, plays and techniques from a highly-touted coaching staff. Practice will begin in the weight room or a classroom from 3:45- 5:50PM. At 6:00 PM the team will move to the field for physical conditioning drills.

Please bring cleats for outside, sneakers for inside, light colored shirt, and water bottle.

Our football coaching staff is working to arrange a football camp experience that would have the team traveling to an offsite location up to Northern Arizona for 4 days. The details are TBD and the cost would be an additional cost.

**Grades:** Incoming 9<sup>th</sup> – 12<sup>th</sup> grade **Dates:** Monday, Wednesday-Friday May 24<sup>th</sup> –June 26<sup>th</sup> **Time:** 3:45 PM to 7:30 PM **Location:** STCS Power Field and Weight Room Film – 3:45pm-4:45pm Weights – 4:50pm-5:50pm Field Practice – 6pm –7:30pm

Passing League (3 games) Grades: 9<sup>th</sup>-12<sup>th</sup> Dates: Tuesdays and Saturdays Time: 6pm Location: Skyline High School

# Junior High Flag Football Camp

**Coach:** Football Coaching Staff **Cost:** \$50

San Tan Flag Football camp will focus on speed agility and hand eye coordination. Leaning the art of body control in and out of running routs. Athletes will have light form of strength training. Quarterbacks will learn the proper throwing technique with ball placement for the releasing of the pass. Please bring running shoes for inside the weight room, if Athlete has inhaler please bring to Coaches.

Please bring football cleats, shorts, light colored T-shirt, and water.

**Grades:** Incoming 5<sup>th</sup> – 8<sup>th</sup> grad **Dates:** Wednesday & Thursday, May 24<sup>th</sup> – June 26<sup>th</sup> **Time:** 6:30 PM to 7:30 PM **Location:** STCS Power Field and Weight Room

## Basketball Summer Camps - Boys (Grades 1st - 12th)

Coach: Head Coach Derek Freeman and Coach's staff Cost: \$100

Head coach Derek Freeman and his staff are excited to train your boys on individual offensive skills ranging from ball handling, passing, and rebounding. In addition, we will work on team concepts to help build and polish their understanding of the overall game.

\*Tentative Basketball League: Tuesdays and Thursdays from 6pm-9pm against in-state colleges. (Varsity only – additional cost will apply)

Grades: Incoming 1<sup>st</sup> – 12<sup>th</sup> grade Dates: Tuesday – Thursday, June 1<sup>st</sup> – June 29<sup>th</sup> Time: 9:30 AM to 11:30 AM Location: STCS Power Gyms 1<sup>st</sup> – 4<sup>th</sup> Auxiliary Gym 5<sup>th</sup>-8<sup>th</sup> Auxiliary Gym 9<sup>th</sup>-12<sup>th</sup> Main Gym

### Basketball Summer Camps- Girls (Grades 1st-12th)

Coach: Head Coach Cierra Warren and Coach's staff Cost: \$100.00

Head Women's Basketball Coach Cierra Warren is excited to train your girls on individual offensive skills ranging from ball handling, passing, and rebounding. In addition, we will work on team concepts to help build and polish their understanding of the overall game.

Grades: Incoming 1<sup>st</sup> – 12<sup>th</sup> grade Dates: Tuesday – Thursday, June 1<sup>st</sup> – June 29<sup>th</sup> Time: 8:30 AM to 10:30 AM Location: STCS Power Gyms 1<sup>st</sup> – 4<sup>th</sup> Auxiliary Gym 5<sup>th</sup>-8<sup>th</sup> Auxiliary Gym 9<sup>th</sup>-12<sup>th</sup> Main Gym

# Volleyball Kids Summer Camp

**Coach**: Head Coach Nikki Revling and Coaching Staff **Cost**: \$100

The summer volleyball camp is for girls and boys interested in learning the skills needed to be a great volleyball player. The positive environment encourages all players to learn teamwork and good sportsmanship as they build upon their skills. Girls and boys will learn passing, setting, and serving techniques throughout the week.

**Grades:** Incoming 3<sup>rd</sup> – 5<sup>th</sup> Grade **Dates:** Tuesdays, Wednesdays, Thursdays June 8<sup>th</sup> – 24<sup>th</sup> **Time:** 3:30pm – 5:30pm **Location:** STCS Power Campus Auxiliary Gym

**Grades:** Incoming 6<sup>th</sup> – 8<sup>th</sup> Grade **Dates:** Tuesdays, Wednesdays, Thursdays June 8<sup>th</sup> – 24<sup>th</sup> **Time:** 3:30pm – 5:30pm **Location:** STCS Power Campus Main Gym

**Grades:** Incoming 9<sup>th</sup>-12<sup>th</sup> Grade **Dates:** Tuesdays, Wednesdays, Thursdays June 8<sup>th</sup> – 24<sup>th</sup> **Time:** 3:30pm – 5:30pm **Location:** STCS Power Campus Main Gym

### **Summer Soccer Camp**

**Coach**: Head Coach James Lagerman and Coaching Staff **Cost**: \$75

The summer soccer camp is for any aspiring players as well as formerly experienced at the game. We will focus on conditioning as it relates to the field of play, defensive and offensive drills, and sharpening our tactical awareness as soccer players on the field. This will include any variety of passing and shooting, running with the ball and without the ball, as well as intricacies of the game rules—from throw-ins to free-kicks and much, much more.

In order to participate, you will need **soccer cleats** (not baseball or football cleats), shin-guards, soccer socks, and plenty of water. If you can bring your own ball, that would be great!

**Grades:** Incoming 5<sup>th</sup>-12<sup>th</sup> **Dates:** Tuesday, Wednesday, Thursdays June 1<sup>st</sup>-30<sup>th</sup> **Time:** 7:30pm-8:30pm **Location:** STCS Power Field

# Summer Baseball Camp

**Coach**: Head Coach Jimmy Ray and Coaching Staff **Cost**: \$50

The Power Campus Summer Baseball Clinic will address individual skills such as fielding, hitting and throwing in a fun game like atmosphere. We will work on strengthening our bodies to add velocity to our throws, speed on the bases and endurance. Players will need their own cleats and glove. If you have your own bat feel free to bring it.

**Grades:** Incoming 7<sup>th</sup>-12<sup>th</sup> **Dates:** Monday-Thursday June 1<sup>st</sup>-10<sup>th</sup> **Time:** 8:30am-10am **Location:** STCS Power Baseball Field

#### Summer Softball Camp

**Coach**: Head Coach Jimmy Ray and Coaching Staff **Cost**: \$50

The Power Campus Summer Softball Clinic will address individual skills such as fielding, hitting and throwing in a fun game like atmosphere. We will work on strengthening our bodies to add velocity to our throws, speed on the bases and endurance. Players will need their own cleats and glove. If you have your own bat feel free to bring it.

**Grades:** Incoming 7<sup>th</sup>-12<sup>th</sup> **Dates:** Monday-Thursday June 14<sup>th</sup>-24<sup>th</sup> **Time:** 8:30am-10am **Location:** STCS Power Baseball Field

# Summer Swim Camp

Coach: Head Coach Brooke Taylor and coaching Staff Cost: \$75

Camp participants will learn and become familiar with each stroke in a fun and semi-competitive atmosphere. If your child has never swam any of the strokes mentioned above, no problem at all! We do ask, however, that if your child attends our camp, that they are comfortable being in a pool by themselves (without an adult physically in the water with them). Our returning swim team members and experienced swimmers are also welcome to attend, but should not expect practice level intensity for this camp specifically. Whether your child is just getting into the sport of swimming, is thinking about joining our STCS swim team, or is a returning swim team member, this camp will be a great way from them to "get their feet wet" and get them excited for the upcoming competitive swim season!

Please have them bring a towel, goggles, water bottle, sunscreen, full one-piece swim suit, swim cap (optional). If you have any questions about this camp or our competitive swim team, please contact Coach Taylor at <u>btaylor@santancs.com</u>.

**Grades:** Incoming 5<sup>th</sup> – 12<sup>th</sup> grade (**must** be comfortable being in the water alone) **Dates**: Tuesdays and Thursdays June 1<sup>st</sup> – 29<sup>th</sup> **Time:** 7:00am-8:00am **Location**: EVO Pool (3727 S. Power Rd, Mesa, AZ 85212)