

# **2021 STCS SUMMER CAMP CATALOG**

Questions? Please reach out to:  
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## **High School Football Summer Sessions**

**Coach:** Head Coach Kerry Taylor and Coaching Staff

**Cost:** \$ 100

San Tan's Summer Football Camp we will focus on strength, conditioning, speed, agility, quickness, position specific drills, attention to detail, accountability, respect, leadership, team building, as well as teaching football IQ to optimize players' potential going into their football season. This will be a high intensity camp with high expectations. We will also work on building team chemistry on the field, in the weight room, and in the classroom. Players will also be introduced to exclusive schemes, plays and techniques from a highly-touted coaching staff. Practice will begin in the weight room or a classroom from 3:45- 5:50PM. At 6:00 PM the team will move to the field for physical conditioning drills.

Please bring cleats for outside, sneakers for inside, light colored shirt, and water bottle.

Our football coaching staff is working to arrange a football camp experience that would have the team traveling to an offsite location up to Northern Arizona for 4 days. The details are TBD and the cost would be an additional cost.

**Grades:** Incoming 9<sup>th</sup> – 12<sup>th</sup> grade  
**Dates:** Monday, Wednesday-Friday May 24<sup>th</sup> –June 26<sup>th</sup>  
**Time:** 3:45 PM to 7:30 PM  
**Location:** STCS Power Field and Weight Room  
Film – 3:45pm-4:45pm  
Weights – 4:50pm-5:50pm  
Field Practice – 6pm –7:30pm

**Passing League  
(3 games)**  
**Grades:** 9<sup>th</sup>-12<sup>th</sup>  
**Dates:** Tuesdays and Saturdays  
**Time:** 6pm  
**Location:** Skyline High School

## **Junior High Flag Football Camp**

**Coach:** Football Coaching Staff

**Cost:** \$50

San Tan Flag Football camp will focus on speed agility and hand eye coordination. Learning the art of body control in and out of running routes. Athletes will have light form of strength training. Quarterbacks will learn the proper throwing technique with ball placement for the releasing of the pass. Please bring running shoes for inside the weight room, if Athlete has inhaler please bring to Coaches.

Please bring football cleats, shorts, light colored T-shirt, and water.

**Grades:** Incoming 5<sup>th</sup> – 8<sup>th</sup> grad  
**Dates:** Wednesday & Thursday, May 24<sup>th</sup> – June 26<sup>th</sup>  
**Time:** 6:30 PM to 7:30 PM  
**Location:** STCS Power Field and Weight Room