

HOW TO
explain
STAY-AT-HOME
orders
to our
young
children

By Angie Ma

There is a virus called
COVID19 that can make some
people very sick.



We are staying healthy
and safe.
If we get sick, doctors can
help us.

angie ma

We can be helpers.
When we stay home, we are helping.



For a while,



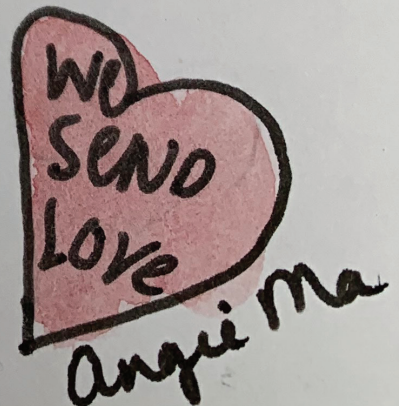
When people get together,
more people can get sick.
When we all stay home,
more people can
stay well.

Angie Ma

Even when we can't
gather, we can share
music, love, and kindness.



We can say thank you
to doctors, nurses
and people working
to help us all.



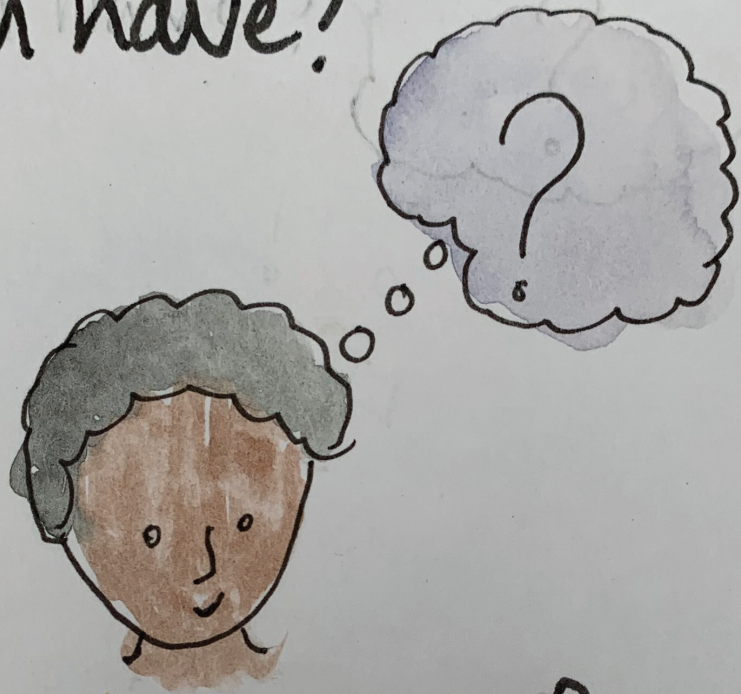
When things change a lot,
it can feel really hard,



but I can help you
if you're having strong
feelings or things just
get out of whack!

- Angie Ma

What questions do
you have?



When you're feeling
unsure you can
always ask.

In our family, we
love and help
each other.

- Angie Ma