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### Hello Music Together Families,

Did you know the benefits of drumming? Drumming can increase emotional resilience, increase language acquisition, strengthen attention/impulse control, improve abstract thinking, calm mental chatter, reduce anxiety/depression, release tension/anger, boost the immune system and so much more! The past few weeks a colleague of mine let our school borrow the hand drums pictured below. Not only do the children love drumming in music class, it helps them develop musically, emotionally and physically! We would love to start building our own collection of these drums that the children can use on a weekly basis. If you have not yet used your tax credit, or are looking for a way to give to the music program this year, we would put these to great use! Below is an amazon link to these drums, if you feel inclined to donate a set. Thank you for your support!



<https://www.musiciansfriend.com/classroom-kids/nino-4-hand-drum-set-with-mallets-and-bag/j51121000000000?rNtt=nino%20hand%20drum%20set&ind>

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Musically Yours,

Kami Kerby