Student Name _____ DOB _____ Age _____

Are You Worried about Your Child Being Bullied? Bullying is a serious issue that affects many children and families. Knowing the signs and how to respond can make a difference in your child's safety and well-being. This guide helps parents recognize bullying, understand what it looks like, and take steps to support their child.

Program Name and Date Date of Program Name

What Happens?

Bullying is not "kids being kids." It is a pattern of behavior where one child repeatedly uses power to hurt another. It can happen in person or online. Bullying can take many forms: hitting, kicking, pushing; name-calling, teasing, or making threats; spreading rumors; excluding someone from a group; stealing or damaging belongings; and using social media, text messages, or online games to harass someone. Bullying can happen at school, on the playground, on the bus, online, or in the neighborhood. It can happen once or it can happen over and over. It can be hard to see, especially if it happens when adults are not around.

Bullying Behaviors

Our Children's Institute is committed to ensuring that every student is treated with respect and dignity. Bullying behaviors can take many forms, including physical aggression, verbal harassment, social exclusion, and cyberbullying. Our staff is trained to recognize these behaviors and intervene promptly to ensure a safe and supportive environment for all students. We encourage parents to report any concerns so we can address them quickly and effectively.

☐ Yes, I agree ☐ No, I do not

Signature of Parent/Guardian Signature of Student (Optional) Date