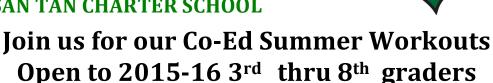
## ULAR WORKOUTS

## SUMMER SPECTACULAR **WORKOUTS**

AT

SAN TAN CHARTER SCHOOL



(current 2<sup>nd</sup> -7<sup>th</sup> graders)

June 1st - July 31st

Monday - Thursday

## 7am to 8:30am

\$20 each week or \$140 for entire summer

San Tan Charter School **Recker & Elliot** 

Make checks to Kevin Hickman, give to him on each Monday AND please also sign up here

http://www.signupgenius.com/go/20f0c4dafad2da02summer

Each participant will develop:

- **Position Specific Training**
- Strength & Power
- Speed, Quickness, Balance & Agility
- **Hand Eye Coordination**
- Reduce the Likelihood of Injury



For any questions call Kevin @ 480-432-6373 or email at khickman@santancs.com